

## President's Message

Past couple of months have been exciting and very action packed with grandeur of festivals, multitude of activities, speaker meetings and fellowships.

September started with club hosting GOV & Installation of Team 22-23. True to the month's theme - Basic Education and Literacy, a lot of our projects focused on facilitating school students. We promoted healthcare practices amongst high school girls through an interactive discussion on 'Hygiene and Anemia' by Dr Pushpa Sethi, distributed eye glasses to students of Shivaji Nagar school in need of vision correction.

Polio Sunday was like a mini fair with brightly dressed volunteers & workers flaunting their cold cases at our club's designated booth at PHC Sikenderpur, Gurugram. Our club volunteers dispensed doses to children visiting the booth and handed over snack boxes and water bottles to volunteers going door-to-door in the nearby village.

October, being Economic and Community Development month, our club focused on empowering the communities around us through improving their quality of life. We carried out multiple projects with Interactors. The visit to blind school by our interactors from Sherwood School was an experience for young minds which will sensitize them towards the world of blind. Donation of shoes under 'Soles for Souls' program by our interactors from DPS45 was another unique project which brings in a sense of fulfillment.

October also being breast cancer awareness month, our club launched a community awareness campaign by organizing talk jointly with RC of Jaipur Bapu Nagar for corporates and members. Our own Dr Ranga, a reputed oncologist delivered an impressive session to a large number of Rotarians and non-Rotarians.

Of course, apart from our wonderful projects, it was the season of colors, lights, vibrant dresses, mouth-watering food, music, and lots of fun. We had all of these and more at the Diwali get together and other fellowship meets. Some very innovative games conducted by Rtn Reena kept everyone asking for more.

In all, created many memories and touched many lives!!

**Arti Agarwal**  
**President 2022-23**



### Key Club Office Bearers 2022 - 23

President  
Arti Agarwal

Meeta Ghosh  
Immediate Past President

President Elect  
Wg Cdr. Baljit Ahluwalia

Vice President  
Lalit Mattu

Hony. Secretary  
Aparna Gupta

Treasurer  
Rajeev Goel

Sergeant-at-Arms  
Rajesh Adlakha

Joint Secretary  
Muniinder K Anand

Director Club Service  
Kapil Pahuja

Director Vocational Service  
Reena Sawhney

Director Community Service  
Gita Jain

Director International Service  
Akhil Agarwal

Director New Generation  
Sunil Khanna

Director Environment  
Arun Gupta

Club Trainer  
Sushma Mattu



## Rotary International President's Message



Being asked to *Imagine Rotary* can seem like a big, heady exercise, but the most important element of it is something quite small, even personal.

Not too long ago, Rotary members were expected to perform our acts of service quietly. I understood and appreciated the thought behind that — humility is a wonderful trait, and we should continue to nurture it in other ways.

But keeping Rotary to ourselves has a cost. and by sharing our Rotary moments, we are being generous with others and giving them an opportunity to understand the impact of Rotary. It brings to mind that wonderful aphorism:

“People will forget what you said. People will forget what you did. But people will never forget how you made them feel.”

So how do we make people feel Rotary? The best way is to share our Rotary moments. We have all had them — when the ordinary collides with intention to create something extraordinary.

Some people have those Rotary moments the first time they go to a meeting. For others, it can take years, before seeing the joy in the eyes of someone we serve. Or perhaps in hearing from another member something that hit close to home. As Nick and I share this journey, we are amazed at the work you are performing and the lives that are transforming. Throughout the year, I’m going to share with you the sights and the stories that made those tours meaningful for us. I hope you can do the same in your corner of Rotary. It can be something you share in meetings or on social media. For the most savvy and ambitious, it could be an event you publicize with local media. Even sharing your stories with friends has impact.

We need ambassadors for Rotary’s message and our dreams for a better world. The best ambassadors are you. The more you share stories — and share them from the heart — the more you encourage others to partner with us, to join us, and to stay.

To give you just one small example, in the months ahead, I will be turning over this column to Rotary members who will share their personal stories as they relate to diversity, equity, and inclusion in our organization. It’s important that we hear these stories directly from the people who experienced them as a way of feeling the importance of DEI for the future of Rotary.

In everything we do, what people feel about Rotary will shape our future. I can only imagine what you will inspire through the stories you’ll tell.

***Jennifer Jones***

***RI President 2022-23***



## Events of the Month (September 2022)

### *GOV and Installation Ceremony of President and the new team*



**DG Ashok Kantoor**



**Arti Agarwal  
President – 2022 /23**



The Club had a very interactive GOV with DG Rtn Ashok Kantoor and the District team. It was followed by the Installation Ceremony of President Rtn Arti Agarwal and her team for 2022 / 23. The function was also graced by a host of Past DGs and Presidents from other clubs.



## Distribution of Spectacles to children at Shivaji Nagar Middle School, Gurugram



Club members distributing glasses free of cost to children of Shivaji Nagar Govt Middle School, Gurugram. Screening was done with the help of Vision Spring.



## "End Polio Now" Sunday



Polio Sunday was organised as part of the Rotary International fight to End Polio Now. RC of Gurgaon Qutab Enclave members at Sikendarpur Ghosi gave Polio drops to children visiting the booth and mobilized volunteers & Asha Workers by giving them snack boxes and water as they went door to door in the nearby village. There were 1400

beneficiaries.



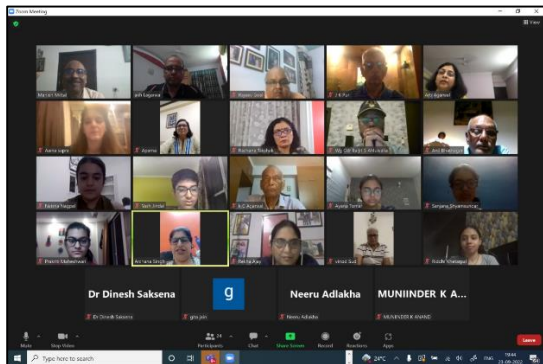


### *Menstrual Hygiene Talk and Notebooks Distribution at Islampur School, Gurugram*



PP Rtn Dr Pushpa Sethi talked to girl students from 9th-12th standards on Anemia and menstrual hygiene. Very informative talk and good interaction. Students asked many questions and got their doubts clarified. We distributed notebooks to students after the talk.

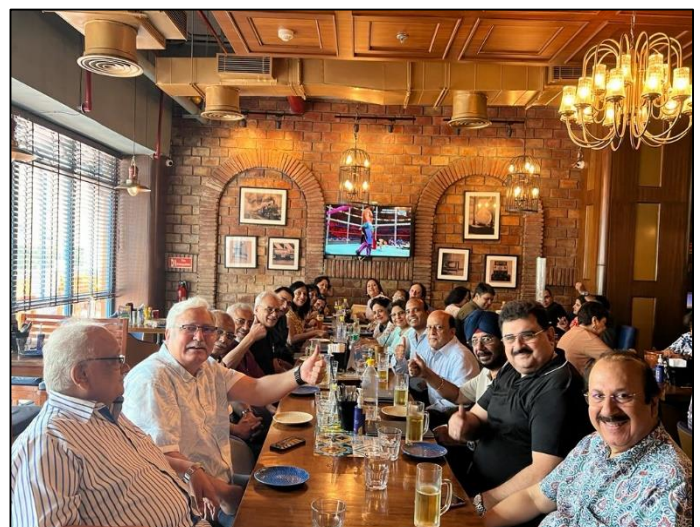
### *Speaker Meeting on Health and Nutrition*



Tina Sapra, a Registered Dietician with the American Dietetic Association and founder of Doctor Diet delivered an insightful talk on clinical nutrition and how nutrition is an integral part of holistic approach of medicine.



### *Fellowship Time - Lunch meet at United Coffee House, Cyber Hub, Gurugram*



Sunday Afternoon well spent at United Coffee House - a great fellowship and bonding time.

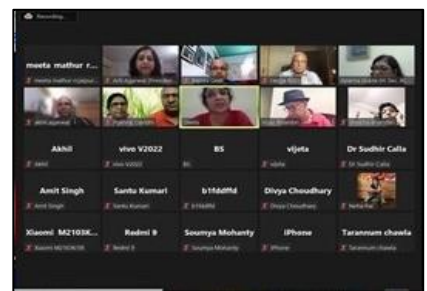


## Events of the Month (October 2022)

### Breast Cancer Awareness Campaign – Reputed Oncologist Rtn. Dr. Ranga Rao's talk



October being Breast Cancer awareness month, our club organized an awareness talk for women by Rtn Dr Ranga Rao who is amongst the top reputed doctors in the country and a member of our club. This talk was co-hosted by RC of Jaipur, Bapu Nagar. Dr. Ranga Rao talked about detection and preventive steps - a very beneficial talk for ladies. It was well attended by non-Rotarians as well.



### Donation Drive for The Earth Saviours Foundation, Gurugram



Our club organized a major Donation Drive for The Earth Saviours Foundation at Bandhwari, Gurugram. Members collected donations in kind from their friends, family and residential communities in large quantities and were present in person at Bandhwari to donate a variety of items immediately required by the inmates of the ESF facility. We collectively gave them clothes, Bed Sheets, rations, bags, shoes and slippers. DPS 45 school also participated in the drive with footwear donations as a part of their

“Soles for Souls” project. We were able to include a few non-Rotarians in our initiative. We also had a very meaningful and enlightening meeting with Mr. Jas Kalra, the very sole of the foundation. A very satisfying and gratifying day indeed for the members.





## *Donation of shoes at NGO DoAr – Joint Project with Interact Club DPS 45 and TGLF Program*



the school run by the NGO “Donate An Hour” (DOAR) serving the poor and needy.

It was a heartwarming sight to see the children from the two schools interacting and learning from one another.

Our Interact clubs are showing great initiative and zeal to serve various social causes.

After Earth Saviours Foundation, DPS 45 children and teacher donated shoes under their project “Soles for Souls” to the children of



## *Sherwood School Interactors at the School for Blind, Behrampur, Gurugram*



Our Club organized a visit for the Sherwood Convent Interactors and teacher to the Capt. Chandan Lal Middle School for blind. This being their first visit to such a school, the Interactors were



awestruck with the learning process and the skills the blind children acquire in reading, writing, using computers and navigating their way around. They also carried goodies for the children in handmade paper bags as a gesture to reduce use of plastic. Very satisfying for the club that we could organise this trip for Sherwood children and sensitize these young minds to the world of visually impaired children.

Our club gave some magazines to the school for Braille practice. The glossy paper is helpful in embossing Braille letters clearly.





### *Sherwood School Interactors at Deepashram, Gurugram*



The interactors and some senior students of Sherwood Convent School visited Deepashram an orphanage for physically and mentally challenged boys over a period of ten days before Dipawali, addressing and interacting with different classes about their message of “giving back to society and develop empathy for our fellow citizens”.

Students of all the classes and staff were also given various items they needed like soaps, washing powder, pulses, sugar and diapers to name a few. Brother Dominic of Deepashram praised Interactors and thanked Sherwood Convent School for inculcating good value in

these young children.

### *Deepawali Get Together at The Club Cafe, Palm Drive*



The Deepawali Get Together was arranged at The Club Café of Palm Drive, Sector 66. The hall had a beautiful festive look with different colours and members’ ethnic dresses added more colour and charm.



Fun in Tambola with R’anne Reena Sawhney providing an interesting twist to the game, drinks of choice, sumptuous snacks and delicious food made it an evening to remember. Rtn Baljit Ahluwalia, R’anne Anita Ahluwalia, Rtn Sanjeev Sawhney and R’anne Reena Sawhney were felicitated for organizing the event and making all arrangements to make the event a grand success.





# Enroll on My Rotary

**This is being repeated to help members who have not enrolled so far.**

It is imperative for all Rotary members to register themselves and create an account on Myrotary.org.

It provides members with access to a host of information and resources including online training on Leadership and other topics.

The following screenshots give a quick overview on how the account can be created just by a few clicks.

All Club members are requested to please create their accounts soonest possible.

**1 CREATE AN ACCOUNT**

Go to [my.rotary.org](https://my.rotary.org)

Select **Register**.

**Create an Account**

Complete the fields under **Create an Account** and select **CONTINUE**. You'll receive an email with a link to activate your account.

First Name\*

Last Name\*

Email\*

Are you 18 years or older?\*

☐ Yes

☐ No

By creating an account, you agree to the [Terms of Service](#) and acknowledge our [Privacy Policy](#).

**CONTINUE**

Rotary

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**2 ACTIVATE YOUR ACCOUNT**

**Activate Account**

After you activate your account, this screen appears. Complete the fields and select **CONTINUE**.

To activate your account, please add a password and security question.

Your password:

- Must be at least 8 characters
- Must contain 1 lowercase letter
- Must contain 1 number
- May not include any part of your email address

Password\*

Confirm Password\*

Security Question\*

Select...

Answer\*

By creating an account, you agree to the [Terms of Service](#) and acknowledge our [Privacy Policy](#).

**CONTINUE**

**Sign In**

To sign in, enter your email address and newly created password and select **Sign In**.

Username

Password

☐ Remember me

**Sign In**

If your email address matches our records, no further steps are needed. If it doesn't match, follow step 3.

Rotary

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**3 VERIFY MEMBER STATUS**

Welcome to My Rotary! Answer the following questions to finish setting up your account.

**Your Member Status**

Tell us your member status.

**What is your member status?\***

- ☐ I'm a current or former member of a Rotary Club
- ☐ I'm a current or former member of a Rotaract Club
- ☐ I have never been a member of any Rotary Club or Rotaract Club

Note: If you belong to both a Rotary Club and Rotaract Club, you can choose either option.

**CONTINUE**

If your email address doesn't match one in our records, you'll be asked for your member status. Choose your member status and select **CONTINUE**.

You'll be asked to enter a previous email that may be associated with us.

If you don't have access to that email address, we'll create a new account for you.



## GREETINGS

### September

4<sup>th</sup> Madhubala Sharma  
6<sup>th</sup> Sanjeev Sawhney  
19<sup>th</sup> Ashok Thussu  
26<sup>th</sup> Ankur Ghosh

### October

7<sup>th</sup> Anil Trigunayat  
10<sup>th</sup> Neera Verma  
14<sup>th</sup> Neeru Adlakha  
18<sup>th</sup> Rashmi Sood  
27<sup>th</sup> Vanita Naval

### November

8<sup>th</sup> Muninder Anand  
11<sup>th</sup> Promila Thussu  
12<sup>th</sup> Nagalakshmi  
14<sup>th</sup> Vinod Sud  
16<sup>th</sup> Shobha Pahuja  
26<sup>th</sup> Arpita H. Kokane  
27<sup>th</sup> Atul Naval  
28<sup>th</sup> Sangeeta Kumar  
29<sup>th</sup> Seema Bangia  
29<sup>th</sup> Dinesh Kaushal  
30<sup>th</sup> Dr. Ranga Rao Rangaraju



### October

8<sup>th</sup> Muninder & Renu Anand  
11<sup>th</sup> Gita Jain and R K Jain  
24<sup>th</sup> Anil & Anupama Trigunayat

29<sup>th</sup> Dr. Ranga Rao Rangaraju  
& Rama Rangaraju

### November

2<sup>nd</sup> Aparna & Prafull Gupta  
15<sup>th</sup> Dr. Piyush Agarwal & Arpita  
19<sup>th</sup> Wg. Cdr. Baljit & Anita Ahluwalia

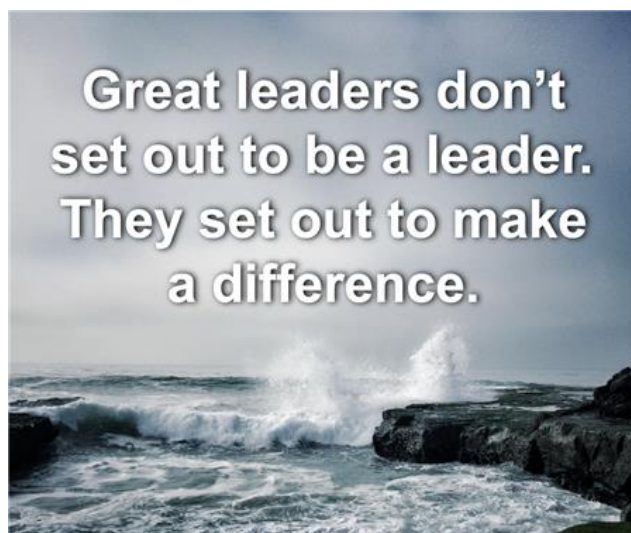






**“Silver linings rise  
out of the most  
challenging  
circumstances.”**

**Jennifer Jones  
President Elect  
Rotary International**



**Great leaders don't  
set out to be a leader.  
They set out to make  
a difference.**

**Leave a little sparkle  
wherever you go.**

**Club Calendar for November 2022**

<b>6<sup>th</sup> Nov.</b>	<b>Sunday</b>	<b>Morning Nature Walk / Online Tambola in the evening</b>
<b>11<sup>th</sup> Nov.</b>	<b>Friday</b>	<b>6.00 to 7.00 PM - Board Meeting</b>
<b>11<sup>th</sup> Nov.</b>	<b>Friday</b>	<b>7.00 to 8.30 PM – Speaker Meeting @ IBIS - Awareness on Cyber Security- Gurugram Cyber Cell ( Dinner Meet)</b>
<b>12<sup>th</sup> Nov.</b>	<b>Saturday</b>	<b>BLS (Basic Life Support) Workshop at Narayana Hospital. Joint project with Rotractors</b>
<b>14<sup>th</sup> Nov.</b>	<b>Monday</b>	<b>Childrens' Day Celebrations at Govt Primary School, Sikandarpur, Gurugram</b>
<b>25<sup>th</sup> Nov.</b>	<b>Friday</b>	<b>Project Activity</b>